



Proposal¹ for a TRAINING PROGRAM

On the sustainable use of medicinal plants

Goal of the training:

To increase the knowledge and improve the skills of all institutions and stakeholders responsible for the management and the sustainable use of medicinal plants.

Target groups:

Experts from all institutions, who issue permits for the use of medicinal plants; experts from educational institutions, managers of MAP buying and processing facilities, etc.

PROGRAMME

Day one

13:00-13:30	Presentation of the participants and the goals and schedule of the training.
13:30 – 15:30	An overview of the legal framework for the management of medicinal plants <ul style="list-style-type: none"> • Medicinal Plants Act • Regulation 2 on the rules of herb collection • Regulation 5 on herb buying and processing facilities requirements The most frequent breaches of the law. Problems and decisions while enforcing normative requirements. (Discussion)
15:30 – 16:00	<i>Coffee break</i>
16:00 -17:30	Strategic planning documents on the conservation and use of medicinal plants – a “Medicinal plants” section as part of the Municipal program for environmental protection and the forest enterprise plans and programs. Evaluation of the status of the populations and monitoring activities – general rules.
17:30 -18:00	Summary of the day’s work

Day two

9:00- 11:00	Sustainable collection rules and measures for habitat conservation – acceptable quantities, period for recovery of the herbs populations at collection sites. Most common violations. Connection between the good collection practices and the quality of the raw material collected.
11:00 -11:30	<i>Coffee break</i>
11:30 – 13:00	Economically significant medicinal plants – species, habitats, threats, condition of the populations, proper collection time, good collection practices.
13:00 – 14:00	<i>Lunch</i>

¹ The Training program was developed and implemented under the project “Promoting a Sustainable Herbal Harvest in Bulgaria”. The program can be modified and adapted according to the participants, their needs and the aims of each particular training.



14:00 – 15:00	Conservationally significant medicinal plants – species, habitats, threats, conservation status.
15:00 – 15:30	<i>Coffee break and preparation for field visit.</i>
15:30 – 18:00	Field visit on medicinal plant collection site – demonstration of MAP species, good collection practices and a discussion of the topics covered during the training.
18:00 – 18:30	Summary of the day’s work

Day three

09:00 -10:30	Cultivation of medicinal plants – potential and opportunities. Review of species, suitable for cultivation, incl.: - Average yield of the most popularly cultivated species - Ratio of fresh to dry herbs
10:30 – 11:00	<i>Coffee break</i>
11:00 –11:40	Case studies and good practices for sustainable MAPs use from Bulgaria and abroad
11:40 – 12:00	Summary and closing of the training seminar

List of presentations developed for the training in the framework of the “Promoting a Sustainable Herbal Harvest in Bulgaria” Project:

- Legal framework for the management of medicinal plants
- Regulation № 2/2004 Rules and requirements for collecting herbs and genetic material from medicinal plants,
- Regulation № 5/2004 Requirements for herb processing and storage facilities.
- Medicinal plants under special regime of conservation and use. Ordinance of the MOEW for 2014.
- Strategic planning documents on the conservation and use of medicinal plants. Methods for monitoring and resources assessment of MAPs.
- Sustainable collection rules and measures for habitat conservation
- Economically significant medicinal plants species
- Conservationally significant medicinal plants species
- Cultivation of medicinal plants
- Case studies and good practices for sustainable MAPs use